

Meals include a serving of our Rice & Peas as well as Vegetables & are gluten free.

## **FULL MI BELLY**

### **REGULAR LUNCH MEALS**

JERK CHICKEN 19.95

Chicken legs and thighs marinated in ReggaePot Jerk Seasoning, grilled n' cooked to create an intense mouth watering flavorful experience

CURRY CHICKEN 19.95

Chicken drumsticks & thighs seasoned with onions, garlic, Jamaican herbs & spices and cooked in a savory Jamaican curry sauce. Gluten, soy & nut free.

CURRY GOAT 26.75

A Jamacian classic, free-range, bone-in and slowly simmered in an aromatic blend of spices until deliciously tender

OXTAILS 26.75

This Caribbean treasure is seasoned with ReggaePot marinade and dry rubbed, then slow cooked for hours culminating in a soft, succulent beefy goodness that's finger lickin' good!

ACKEE & SALTFISH 28.95

The national fruit of Jamacia, ackee is delicate in texture, taste and flavor. It resembles scrambled eggs and is sauteed with saltfish, onions, sweet peppers and spices for a total unique taste!

JERK SALMON 28.95

A fresh salmon fillet perfectly seasoned and grilled

CABBAGE & SMOKED CORN BEEF 28.95

Combines traditional Jamaican style with chef Nick smoked corned beef brisket

#### **VEGAN MEALS**

CALLALOO

20.95

Nourish your body with these leafy Jamaican collared greens, onions & sweet peppers, very flavorful.

**RASTA ACKEE** 

22.95

Jamaican national fruit the Rasta way! Ackee, onions and sweet peppers to spice it up

**JERK TOFU** 

19.95

Firm tofu grilled and marinated in our ReggaePot seasoning making it slightly spicy and very savory

CURRY CHICK PEAS/GARBANZO 19.95

A rich, creamy delectable stew of garbanzo beans, sweet peppers, mushrooms, onions and Jamaican curry in coconut milk with a hint of spice

**CURRY TOFU** 

19.95

A rich, creamy delectable stew with tofu, sweet peppers, onions and Jamaican curry in coconut milk with a hint of spice

JAMAICAN PATTIES 7.00 each (Contains Gluten & Beef option contains Soy)

Jamaican style original spicy beef, chicken or vegetables patties.

DRINKS! Don't forget one of our beverage option...

# REGGAE POT MADE BEVERAGES

Contains no added sugar (sweetened with Erythritol & Monk Fruit)

**JAMAICAN SORREL 7.00** 

Steeped hibiscus flower petals.

It's tart, tangy, spicy, sweet and refreshingly good!

### **GINGER BEER - NON ALCOHOLIC 7.00**

Organic ginger with filtered water and fresh lemon juice

#### JAMAICAN SODAS & MORE

KALA CHAMPAGNE 4.55 PINEAPPLE 4.55

COCONUT 4.55